WAVE Trauma Centre Belfast presents the workshop



## Understanding Traumatic Stress in Northern Ireland

From WWI to the present day

## **Dr Nigel Hunt**

School of Medicine, University of Nottingham

Dr Johanne Devlin Trew Social Policy, Ulster University

## Monday October 21, 2019 10:00 am—3:00 pm

(registration, tea and coffee upon arrival, includes lunch)



Summary: The workshop will examine the history of traumatic stress in relation to Northern Ireland through the 20<sup>th</sup> Century and up to the present day, starting with World War One. There will be a focus on the legacy of long term, inter-generational and community trauma and an overview of some of the research and methodologies employed in this field.

**Dr Nigel Hunt** is an Associate Professor at the University of Nottingham and a Docent at the University of Helsinki with an interest in trauma and narrative. His key interest is to try and understand how we respond to traumatic and difficult events. Narrative is used theoretically, methodologically and practically in order to aid this understanding, and to explain why people react as they do, how they appraise the situation, how they cope and how they can be helped. Nigel is a member of the European Society for Traumatic Stress Studies, UK Trauma Network, and the Society of Authors. His latest book, <u>Landscapes of Trauma</u> (2019) has just been published by Routledge.

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Free of charge but advance booking is required







